



Wellbeing Policy

*Written by the Student Wellbeing Core Team 2006
Reviewed by Staff and SAC 2007*

‘Wellbeing refers to the state of being happy, feeling safe, having positive relationships with others, being interested in the welfare of others and being involved in and striving to do one’s best in a wide range of activities. Wellbeing requires a whole school approach with an emphasis on a person’s physical, social, spiritual and emotional development.’

Rationale

At St. Peter Julian Eymard School we believe that students engage better in learning and develop positive social relationships when they are healthy, safe and happy. We believe that the promotion of wellbeing is the responsibility of all members of the school community.

Aims

At St Peter Julian Eymard we aim to -

- Develop appropriate policies and organisational structures that support the promotion of wellbeing.
- Foster positive school and community relationships that will support children, teachers and parents.
- Develop strategies that will facilitate wellbeing, including resilience and coping strategies, in the children at our school .
- Promote programs that build a sense of connectedness between all members of our school community.

Implementation

- The Wellbeing Core Team will meet twice a term where possible to promote and implement the above aims
- At SPJE we have a comprehensive and co-ordinated system of student support which includes activities and arrangements integrated into many levels of total school life.
- Children in need of individual support will be referred by class teachers and their needs prioritised.
- Programming will be taken to support individual children.
- Referrals to the School Counsellor or outside agencies will take place as needed.

Evaluation:

Evaluation of the Wellbeing Policy will occur as part of the school’s three-year review cycle. Staff will be responsible for the evaluation, however it will be overseen by the Student Wellbeing Coordinator.